



# SAFETY SCENE

## MAKING SENSE OF SAFEGUARDING

### CONTACT



Well done everyone for getting to the end of yet another year and boy has it been a busy one. Lots of Policy and SCR changes to keep you entertained! We all look forward to working with you again in the new year. In the meantime, have a wonderful, peaceful Christmas with fun and frolics and a happy and prosperous New Year. With all our best wishes.

*Kym Allan .*

# Save The Date

**Making Sense of  
Safeguarding  
Conference**

**K**A Kym Allan  
Health & Safety Consultants Ltd.

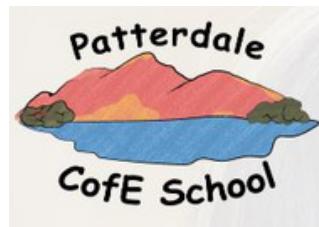
27 APRIL 2023

NORTH LAKES HOTEL, PENRITH

Our 3 superstars this term are St Begh's, Patterdale and Fairfield, who all received brilliant scores in their H&S audits!



94%



92%



94%

# IN-COURT



## AND NOTEABLE NEWS

## Fatality at Primary School

Newcastle City Council face prosecution from the Health and Safety Executive (HSE), under section 3(1) of the Health and Safety at Work Act, after a 6 year pupil died as a result of injuries resulting from a falling tree at a Newcastle Primary School in 2020. The first court hearing will take place on 10th January 2023. This is a reminder to ensure your trees are regularly inspected.

In Ella's memory, her family raised an incredible £30,000 for the Great North Air Ambulance service after they responded to the emergency when Ella was injured.

## HSE inspectors assess the management of asbestos in schools

HSE are currently carrying out a programme of inspections across all school types in England, Scotland and Wales.

The inspections will be assessing how schools are managing the risks from asbestos within the school estate and meeting the 'duty to manage' (DTM) requirements under Regulation 4 of the Control of Asbestos Regulations 2012 (CAR).

We held 2 live UKATA Asbestos courses in November which were extremely successful with all attendees passing the exam. Please contact [courtney.allan@kymallanhsc.co.uk](mailto:courtney.allan@kymallanhsc.co.uk) to join the waiting list for future sessions or [helen.blamire@kymallanhsc.co.uk](mailto:helen.blamire@kymallanhsc.co.uk) if you have any asbestos queries.

## 2021/2022 HSE Statistics

The HSE have released their 2021/2022 health and injury statistics for all sectors, including the Education Sector. The results showed there were 0 fatalities to education workers and 3 fatal injuries to members of the public (this includes pupils).

A significant statistic was, out of an estimated 160,000 work related ill health cases, 59% were stress, depression or anxiety related (about 4.5% of the education workforce), which is approximately 0.5% higher than average.

The 2021/2022 statistics include the years of the Covid-19 pandemic and they found an estimated 74,000 workers suffered from a work-related illness caused or made worse by the effects of Coronavirus, which equates to around 2.1% of the education sector workforce and is significantly higher than that for workers across all injuries (1.5%).

# WINTER READY

## Free flu Jab

Schools in Cumbria should have received the vouchers for staff to access free flu jabs at local pharmacies such as Lloyds Pharmacies.

## Ladder safety

On the last page of this newsletter, we have put the ladder association's 12 days of ladder safety poster which can easily be printed off and put up in your workplace as a reminder, especially when putting up (or taking down) Christmas decorations.

## Be WINTER ready

**Warm** - Keep your house warm this winter.

**Immunisations** - Get your flu vaccination/Covid booster.

**Neighbours** - Keep an eye on elderly neighbours and relatives

**Timely** - Seek advice from your GP, midwife or local pharmacist at the first sign of illness.

**Enough** - Pick up repeat prescriptions so you have enough while pharmacies/surgeries are closed.

**Restock** - Make sure you have enough food and medicine in the cupboard.

## Enjoy

But more importantly, enjoy your time off and we hope you spend your winter break surrounded by loved ones, good food, drink and plenty of festive cheer!

### OUR NEW YEAR TIP!

E-mails can be incredibly overwhelming and cleaning your e-mails can be a great way to help your wellbeing and mental health, so this month we are encouraging others to unsubscribe from at least 5 unnecessary marketing e-mails a month! (not ours of course!)

The e-mails from stores you shopped at once, newsletters you never read, restaurants from another city you visited once, haven't shopped in or visited in 2022. Unsubscribe! it's easy, all marketing e-mails should have a button at the bottom of their e-mails saying 'unsubscribe'.



# You vs. Train

Everyone loses when you step on the track

## HARRISON'S STORY

The parents of a young boy who was electrocuted by overhead power cables have launched a new rail safety awareness video in conjunction with British Transport Police, Network Rail and the wider rail industry.



At the time of publishing this newsletter, the Youtube Video has amassed nearly 1 million views, with the video being shared in schools to spread awareness of Harrison's story and the hidden dangers of railways.

In 2017, Harrison died at the scene after going over a small fence to retrieve a football. Despite not touching the power cables, Harrison was hit by 25,000 volts of electricity which had formed an arc. Many people are aware of the dangers of overhead powerlines, but aren't aware that the electricity can jump and conduct.



The campaign called You Vs. Train launched in 2018 to raise awareness about the danger people put themselves and others in when they make the choice to stray onto tracks by using real life stories.

The campaign aims to:

- Raise awareness about the dangers of trespassing
- Change attitudes towards trespassing
- reduce the likelihood of future trespassing

Other videos including Tegan's Story and Dan's story talk about the unsuspecting 'third rail' which carried 750 Volts.

All campaign videos can be found on the youvstrain website here.



# In the Know: BeReal - The anti-social media



BeReal climbed the social media ranks very quickly in the summer of 2022, with over 10 million daily users, the concept being that in today's society, everything is false, staged or we only show our 'best selves', this is where BeReal steps in. The founders of the App send out a daily notification at a random time, users are all notified to take a picture of what they're doing at the exact moment. Users have a 2 minute window to submit their posts, which is a photo from their front camera (selfie) and a photo of their back camera (facing outwards) with the idea that you can't quickly fake being in an exciting or glamourous state, and instead encourages users to 'BeReal'.

A big issue that many overlooked was data protection, there have been countless cases of people taking their BeReal, and sharing it without realising they have taken a photo of their computer screen with either their personal information or that of others showing for example e-mail details, patient notes and more.

The concept is great though, influencers, celebrities, friends and families showing most people have standard lives, with the excitement of being able to share your BeReal with others when something significant is actually going on such as a concert, hikes or meeting a celeb. Allegedly, the app owner sends the notification out when he is doing something exciting which usually means Americans and other countries get the notification during the night, as the founders are French!

## Take Note...

- The App is 13+ from the App store
- The App pinpoints the location when a photo is shared, meaning connections know exactly where you are, as the photo will have been posted in the last 2 minutes
- The App encourages friends and family to be connected, but you can connect with any users including celebrities such as Kim K, Taylor Swift, Drew Barrymore and many more
- You can allow posts to be shared publicly, but to see public content, you must post your own photo publicly first.
- If you'd like anymore information regarding social media please contact:  
[courtney.allan@kymallanhsc.co.uk](mailto:courtney.allan@kymallanhsc.co.uk)

# Preventing hair discrimination in schools

Schools leaders are encouraged to foster an inclusive environment by ensuring their policies do not unlawfully discriminate.

While it's not mandatory for schools to have rules on hair or hairstyles, if your school does have these rules, make sure your policy does not unlawfully discriminate against pupils with protected characteristics such as: disability, gender reassignment, race, religion or belief, sex, or sexual orientation.

If your school's policy bans certain hairstyles adopted by specific racial or religious groups without the possibility of any exceptions on racial or religious grounds, it is likely to be unlawful on the grounds of indirect race or religion or belief discrimination.

This includes hairstyles such as (but not limited to):

- braids
- locks
- twists
- cornrows
- plaits
- skin fades
- head coverings, including religious based head coverings and African heritage head wraps
- natural Afro hairstyles.

Schools are encouraged to include pupils, parents, carers, and staff in their consultation process.

For more information and advice on building or adapting your policy please visit the [Equality and Human Rights Commission webpage here](#)



## Product recalls

### Skycase 2pcs Magnetic Arithmetic learning toys ASIN: B08XVR3VJ7



Set of six coloured plastic donut shaped disks which magnetically connect and turn with the printed arithmetic around the edges. Risk Level is High and the listing has been removed by Amazon.

The product has been identified as presenting a high risk of choking and internal injuries as the discs are small parts as received. For more information [click here](#) for the .gov recall sheet.



## Eating disorders. Know the first signs?



### Lips

Are they obsessive about food?



### Flips

Is their behaviour changing?



### Hips

Do they have distorted beliefs about their body size?



### Kips

Are they often tired or struggling to concentrate?



### Nips

Do they disappear to the toilet after meals?



### Skips

Have they started exercising excessively?

## Save the date

**Random Acts of Kindness Day**  
 Thursday 17th February 2023

### CSCP Safeguarding Week 'Learning from Practice' 20- 24 March 2023



## SAVE the DATE

### Safer Internet Day

2023 | Tuesday  
7 February

[www.saferinternetday.org](http://www.saferinternetday.org)



Beat, the UK's eating disorder charity, has opened a new free e-learning platform for all school staff. SPOT (School Professionals Online Training) helps school staff with the information they need to recognise an eating disorder, refer a pupil for treatment, and support them through their recovery journey.

SPOT is designed so that school staff can learn on their terms, from experts by personal and professional experience as well as their peers. The platform provides interactive e-learning modules and webinar videos delivered by expert clinicians, as well as downloadable lesson plans and other resources. Clinicians and lived experience trainers (people who've had eating disorders themselves and recovered) host weekly Q&A sessions. Users also have the chance to speak with other school professionals through chat rooms.

Find out more about SPOT here:  
[elearn.beateatingdisorders.org.uk](http://elearn.beateatingdisorders.org.uk)





£25



online



3 hours



## Responding to nude image sharing

NSPCC Learning has launched a new course to help designated child protection leads (DSLs) understand the risks around children sharing nude images and how to respond appropriately. The course includes training on recognising when sharing imagery is harmful sexual behaviour, and steps to safeguard all young people involved.

For more information, please visit NSPCC learning or [click here](#).



- ✓ Simple booking process
- ✓ Pay online, by BACS or cheque
- ✓ Quick links to our live webinars
- ✓ More accurate booking information
- ✓ See all our available courses at a glance
- ✓ Waiting list for fully booked courses

## SPRING TRAINING NOW AVAILABLE!

We have moved onto an online booking system which we hope will make booking training easier and more efficient. For more information on the courses we have available please visit [buytickets.at/kahsc](http://buytickets.at/kahsc). We recommend you save this to your online bookmarks to keep track of our available open training sessions.

You can pay when you book or you can pay later.



HEALTH & SAFETY POLICY

CHILD PROTECTION

BEHAVIOUR

OVERARCHING SAFEGUARDING STATEMENT

CODE OF CONDUCT FOR STAFF & OTHERS

SAFE RECRUITMENT, SELECTION & VETTING

DATA PROTECTION

CHARGING & REMISSIONS

SUPPORTING PUPILS WITH MEDICAL CONDITIONS

## Take advantage of our support

### Policies

We understand that you are all under a great deal of pressure and that it is difficult to keep up with changes to policies and procedures. If you are unsure about the status of your policies and procedures and are using our models, then we can update or revise them for **FREE**.

If you would like to take up this service, please send your policies to  
[courtney.allan@kymallanhsc.co.uk](mailto:courtney.allan@kymallanhsc.co.uk)

### Single Central Record

We can check and amend your SCR for a small fee of £35 + VAT to make sure you are compliant with the most up to date guidance. Please send them across (password protected) to [Kym@kymallanhsc.co.uk](mailto:Kym@kymallanhsc.co.uk)

# 12 Days of LADDER SAFETY



1

## DECIDE if it's right to use a ladder

Ladders can be appropriate for low risk and short duration tasks (no more than 30 mins)



2

## SELECT the right equipment

Does it meet current product standard?



Is it the right type of ladder for the task?

3



## FOLLOW

the manufacturer's instructions at all times!

4

## CHECK your ladder is in good condition

Before use - is it safe to use NOW?



Then, carry out regular detailed inspections

5 POSITION the ladder correctly

All feet should be on the ground and any steps level



A leaning ladder should be at a 75 degree angle

6

## MAKE SURE the ladder is long enough for the task



7

## CONSIDER overhead power lines

Check HSE guidance for information on minimum safe distances



8

## GET A GRIP!



Maintain a firm handhold - only let go when the task requires you to do so for a short time

9 DO NOT overload

Consider your own weight and whatever you're carrying (i.e. festive decorations) - only carry light tools and materials



10

## DON'T OVERREACH

Avoid this common mistake - it could result in the ladder toppling over! Re-position the ladder as necessary

11 SECURE your ladder



Tie-in, use a stability device, wedge, or foot the ladder (in that order - footing is the last resort)

12 GET TRAINED

to know when to use a ladder (and when not to!), how to choose the right ladder and how to use it safely.

FIND YOUR NEAREST APPROVED TRAINING CENTRE & DOWNLOAD MORE FREE LADDER SAFETY GUIDANCE AT:

[www.ladderassociation.org.uk](http://www.ladderassociation.org.uk)